

Circuit family FUN fest

May 1-15

social distancing edition



Use #BVfamilyfunfest and tag Circuit in a Facebook post of you and your family completing the challenges below for a chance to win prizes from Brandon businesses!

www.circuitSD.com

Climb the BV fire tower	Go for a bike ride	Fly a kite	Show off your best layout	Walk around the BE track backwards
Create a hula hoop dance to music	Race a family member up McHardy Park hill	Find historical markers in the area	Hike at Big Sioux Rec Area	Egg toss with your family
Have a tennis match with a family member	Hold a plank for the duration of your favorite song	Play hop scotch in a costume	Play tug-o-war "parent" vs. "kids"	Create your best sidewalk chalk design
Walk or run a mile	Jump rope with something unusual	Do a family wall handstand competition	Juggle 3 rolls of toilet paper	Hit a ball and run the bases 3 times at Aspen Park
Build the tallest toilet paper tower you can	Show a creative way to play catch	Hike at Palisades Park	Take a wheel barrow ride around your yard	Play frisbee golf at Pioneer Park

Practice social distancing & wash your hands!

DO
STUFF

WIN
STUFF

Circuit Martial Arts and Fitness would like to thank the following area businesses for their generous support and donation of prizes.

- Sunshine Foods
- Taco Johns
- Coffee Cup
- Pizza Ranch
- B & G Milky Way
- Papa Murphy's
- Pizza Ranch
- Ace Hardware
- Oakridge Nursery
- Plus more

CHECK
FACEBOOK
MAY 17
FOR WINNERS

Circuit
